



Recently we were contacted by a caregiver who asked us to please stress the importance of our tamariki wearing safety gear, namely a helmet, when they are using scooters or bikes. They did this because a child has been injured outside of school and they felt they needed to make sure the same thing does not happen to others.

In Maori tradition the upoko (head) needs to be protected and is regarded as tapu (special). It is amazing when you think about the fact that our main control system is protected only by a thin layer of bone. We know if a baby is shaken it can cause damage and we should always encourage people not to strike anyone especially on the head.

Scars, broken bones, or black eyes are all things that given time will mend but brain damage is forever. PLEASE, PLEASE take action and ensure your child wears a helmet when riding a bike or scooter.

If you want your child to bring a bike or scooter to school **they need to wear a helmet.**

Some senior pupils are currently "Up the Bush" at Camp Kaitawa. Exploring the natural environment, swimming in lakes and learning about as the kids would say "stuff". They arrived safely and have been very busy. Here are some of the photos and the rest will be on facebook. Miss Kate reports they are all doing well and please don't forget to collect them Thursday.

HELMET SAFETY CHECK

RIDE SAFE and have fun!

1

Level & Low
Your helmet is no more than one or two fingers above your eye brows.

2

Side Straps
The "V" where the front and rear straps come together, is just below your ear.

3

Chin Strap
You can squeeze two fingers between the strap and your chin.



WELCOME NEW PUPILS TO WAIROA PRIMARY 2021

Sariya Ereatara, Saint Ereatara, Elora McPherson Tawa Ataria, Reef Aiulupo, Jayden Edwards-Stubing, O'Shen-Lee Aiulupo, Keeana Burton, Ava Spooner, Maddox Quinlivan, Iris Turipa MacGregor, Taonga Ereatara, Amaia Burton, Maraia Grant, Ree'll Reti-Rore, Taka-John Vincent-Meadows, Leah Ereatara, Summer McRoberts, Omaio Winitana, Mordecai Tawake, Riki-Leigh Kara-Barbarich, Daenerys Horua Waihape Wano, Campbell Kaimoana, Keanau Barbarich, Layla El-Mosawy

HEADLICE NOTICIE WAS SENT LAST NIGHT PLEASE CHECK YOUR CHILDS HAIR

Whanau there is a lot of info out there on the Web, not all of it is accurate and some is just urban myth. Here are some facts I have picked up after 30 years of teaching and dealing with headlice.

However daunting it may seem a comb is your best weapon and in saying that I know not everyone's hair is equal and sitting combing hair for hours is tedious but it is your BEST DEFENCE.

Headline do not jump. swim or fly. They crawl and are passed through close head to head contact.

Pets do not carry headlice.

Using oil, mayonnaise, Vaseline, or similar products to smother headlice is not always effective and not recommended. **It's the combing that makes the difference.**

Shaving your child's head is not effective as the mother louse lives in the scalp.

People with good hygiene can and do get headlice.

Some headlice have become resistant to treatments so see your Dr or Chemist if they persist.

Your head only itches if you are allergic to headlice. **Many people can have headlice and not scratch.**

You do not need to get your house fumigated or wash all the bedding or pillowcases.

Headlice are a normal natural part of being human.

The best way to prevent headlice is regular, careful combing with a fined tooth comb.

Yes, bleach will kill adult head lice. In fact, hydrogen peroxide, a form of bleach that's used in certain hair dyes is known to kill adult lice. However, becoming platinum blonde will not necessarily get rid of your lice problem. Head lice eggs (nits) are protected by a hard, impenetrable shell, making them immune to the effects of many chemicals, including bleach.

Household bleach should NEVER be used to kill lice and nits that are in your hair or on your scalp! Household bleach is a very harsh chemical that can be extremely damaging to your scalp and hair, especially if the skin is already broken due to you scratching your lice bites. Bleach can cause chemical burns, leading to open sores that may become infected. Bleach can cause your hair to become dry and brittle, potentially leading to hair loss. Your body can absorb harmful chemicals through your skin, which could cause damage to your organs. Also, bleach will not remove nits from your hair. The eggs, whether viable or non-viable, will remain firmly glued to the hair shafts as your hair grows.

Do not use FLEA treatments such as FRONTLINE on your child. These products are systemic pesticides. They work by making an animal's blood-stream toxic to parasites like fleas, which feed on blood to survive. There are warnings all over these products that declare: **FOR ANIMAL USE ONLY**. These products can cause headaches, rashes, skin irritation, nausea, eye irritation, weakness and convulsions.

PLEASE IF IN DOUBT TALK TO A MEDICAL PROFESSIONAL

Kupu o te Wiki

Kei te *tangi* te pēpi.

The baby is *crying*.

He aha te *mate*?

What's *wrong*?

Kei te *hiakai* ia!

He is *hungry*!



TAHURI MAI

8 WEEK

NETBALL DEVELOPMENT PROGRAMME

ALL ages

ALL skill levels

• Year 1 - Premier - Mens Grade

FEMALE & MALE

Starts - Thursday 25 Feb

Finishes - Thursday 15th April

Times - From 3.30pm (Beginners) - 6.30pm (Premier & Mens)

WCC Gym

\$30 per player

9 Experienced & Passionate Coaches

You need to register for this. Contact: Luana Mitchell WCC STARTS TOMORROW



E Tu Wairoa will be having an event for Children's Day on March 7th. It will be at the Wairoa Community Centre from 10.00am to 2.00pm. There will be competitions, prizes, BBQ to name a few. All children and parents invited. Kiwi Smith 0272260336



Dates and Events Term 1 2021

March 16- District Swimming Sports WCC

March 26- Epro 8 Seniors

April 2- Good Friday

April 5- Easter Monday

April 6- Easter (Statutory Holiday)

April 14- Twilight Athletic Sports

April 16- End of Term 1

May 3- Start of Term 2

